

# mEnterprise Solutions, LLC

## Career Coaching

### Have you asked yourself lately.....

Am I happy with my job?  
Am I frustrated in my role?  
Do I make the money I need to make to support myself and my family?  
What do I really want to be when I grow up?  
Am I working too hard and not making progress?  
Am I lacking energy or focus?  
Am I having fun?  
Am I feeling stuck?  
Are there too many options, too many choices?

### Why Coaching?

Determine Your Strengths  
Determine your likes and dislikes  
Narrow Down Your Options  
Provide a Framework to Continually Assess Career Choices  
Provide Accountability  
Create Habits to Support Career Choice  
Understand Certification Options  
Provide a Career Planning Roadmap

### How? (The Process)

8 Session Program (1-1.5 hour weekly or biweekly sessions)  
Session 1: Strategy Call to discuss strategy and determine fit  
Session 2: Onboarding Session to session goals & objectives, review session content & create a schedule  
Session 3: StrengthsFinder (GallupStrengths) Assessment  
Session 4: Likes/Dislikes Exercise & Skills Inventory  
Session 5: 7 F Exercise (based on The F Book)  
Session 6: Goals & Objective & Option Optimizer (Create Program)  
Session 7: Define Action Plan to support the Options  
Session 8: Review Execution of Action Plan, Update Plan if needed & Sustainability Roadmap  
Maintenance



### MARIANNE CHESTER, Founder, CEO

mEnterprise Solutions, LLC (mES) was founded in 2006 by Marianne Chester bringing vast corporate experience to coaching and consulting, benefitting companies and organizations of all sizes. Her focus is on Strategic Planning, Execution Readiness, Strategic Execution, Leadership Alignment & Development, Team Dynamics, Organizational Culture, and Succession Planning.

Her corporate experience includes VP of Global Integration at Andrew Corporation, Officer and CIO for Celiant Corporation as well as CIO at Lucent Technologies and VTech. She has also held leadership positions at Texas Instruments, Frito Lay, and AT&T.

Created, designed, and implemented a Mentor Program for Leadership Pocono.

Examples of Marianne's career coaching include:

- Coached individuals to determine their role in the family business
- Coached individuals during career transition
- Coached individuals early in their career
- Coached individuals during transformation/reinventing themselves
- Regularly coaches people from their Church

Marianne and her husband host home concerts and have Executive Produced 19 musical albums by established artists like Schooner Fare, Iain Matthews, John Batdorf, Sultans of String, and emerging artists such as Jesse Terry, Pete Mancini, Callaghan, and Ameranouche.